MOUNTAIN CYCLIST

LEADING THE PARTICIPATION OF MOUNTAIN CYCLISTS IN THE TRAIL COMMUNITY

APRIL 2009-MAY 2009

WANTED: HERO

By Paul Nam

Before you go into the woods, think again, and think about how to get out of them.

Will a cyclist in distress be rescued? Rescue can depend upon companions, distance, equipment, weather, and regula-

Undoing the damage done is painful and expensive. In the face of decreasing tax revenues, the expense of search and rescue is a fiscal challenge for municipalities and agencies around the world. Increasingly, those rescued face



tions, policy, law, insurance and ethics. Like they do with flat tires, cyclists cope better with emergencies when they are prepared for them.

Self rescue is the usual expedient and it works. Consider instead the unlucky and the unhappy circumstance, known as a serious accident.

steeper bills to pay along the trail to recovery.

The mountaineering community has long agonized over the many dilemmas of a rescue. Mountain climbing is the genesis of many regulations which govern recreational public land access. In the 60's and 70's, rock climbing went through a progression towards regulation that would be echoed a couple of decades later by mountain biking. Regulations change. Since mountain bikers face similar hazards with mountaineers, these policies inevitably converge.

A recent example of changing regulation in mountaineering comes from the "Live Free or Die" state of New Hampshire.

In response to the multitude of hikers, cross-country skiers and others who venture unprepared into the wilderness, become lost and have to call for help, the State of New Hampshire is billing people for rescues stemming from their own negli
(HERO Continued on page 4)

SAVE THE DATE!!!

Swap meet at Cupertino Bike Shop

April 26, 2009

Each year ROMP hosts a swap meet. The swap meet is a fund-raiser for ROMP and a place where cyclists can purchase road and mountain bike parts, tools, frames, complete bikes, clothing and accessories. Per-person admission charge is minimal. The meet is held behind the Cupertino Bike Shop, 10493 S. De Anza Blvd. (two blocks south of Stevens Creek Blvd.). Call 408-255-2217 for prices on swap spaces. Volunteers needed. See Calendar section for details.

2008 TOUR OF THE 20'S

By Henry Pastorelli

The 2008 Tour of the 20's ride took place on Sunday, November 2nd and we were lucky to sneak it in between two storm systems. The temperatures were pleasant; we saw no rain and a strong group of 30 riders turned out.

Gary Gellin is the recognized authority on finding the steepest grades in San Francisco (20% +) while managing to tie together a route that takes riders through some of the City's best sights. The ride is a circuitous 30 miles of urban street riding, some single track and 4500 ft of climbing. After 16 years of Gary's ride leadership, and sweep support from his wife Holly, this ride is deemed a classic.

Often I have trouble explaining the Tour of the 20's to non-riders. I typically get "What, you ride all the 20% or steeper hills in SF? Is that all it's about?" When I go on to describe the other aspects, I get blank stares. So here's a few observations from this year's ride: a guy riding a nose wheelie down Lombard; a roadie riding the muddy single-track on Mt. Davidson and then descending the newly built



wooden stairs; neighbors who recognize the ride from previous years and cheer us on; tourists taking your picture as you hike-a-bike up the stairs to Coit tower and, most importantly, seeing neighborhoods and views of the City most folks never see. It's a great ride and I'm already looking forward to next year.

TRAIL HEAD CYCLERY'S

NEW DIGS!

By Lars Thomsen
As any of you
well know, who
have been in my
shop, we are a
little bit
cramped.
Twelve years of
growing our
shop into what
it is today has
lead to my latest
adventure...
Moving. I hate

moving. I suck at it actually, not organized at all and wait until the last minute to pack. Drives Karen crazy.

This is a bit different though, as I'm finding it very exciting to design a new shop just down the way, the building right next to the Espresso cafe! On the first day of 2009, I got keys to 4200 square feet of retail love. Damn, it looks so big right now all empty! Ripping down more trailer trash wood siding than I've ever seen has been a blast! Oh, and scraping GOLF off the top windows and putting up BIKE was RAD!!!

So, I have big plans for the new digs. We're going to have an impressive service bay where I plan to be so efficient that waiting for service will depend only on the availability of parts. And you know how I love to stock parts, right? Now picture having that kind of availability for all 700c bikes! That's right, we're drink'n the juice and will have on display speedsters from Ibis, Moots, Specialized, Intense, Surly and even Santa Cruz. Feel free to test the new Hakkalugi

(Continued on page 10)



BLACK FRIDAY

By Ted Stroll

Two experiences on the morning of Black Friday confirmed for me the conclusion of a psychological study, done at the University of Colorado at Boulder, that "the 'good life' may be better lived by doing things rather than by having things." more than 3500 people inside.

Queuing for the television was the worst part of an ordeal that lasted more than three hours overall. As we waited we heard regular announcements about models that had sold out.

I reached the first station, at which one orders the television and is handed a

desired model had just sold out. I made my way toward the exit, figuring that I had gotten the experience if not the television. On my way out I passed the second station, at which one collects the item, and mentioned my defeat to a manager standing nearby. He said that the item was not sold out and directed a clerk: "Give him a television." And one was handed to me.

As I marveled at this fluke and dragged away the television, I saw that the pickup line was long and barely moving, and I had inadvertently bypassed it. I will never forget the experience, and although I have promised myself to avoid Black Friday henceforth, I'm glad I did it once just to see how bizarre it was.

I had to mountain bike to get the toxicity of the experience out of my system. By 9:00 a.m, I was on my way to the top levels of Mission Peak Regional Preserve in nearby Fremont. I climbed up through cold fog and gloom and emerged into sunlight in the last 200 feet. It was spectacular because the whole Bay Area and beyond was blan-

keted in fog—all except Mts. Diablo, Hamilton, Umunhum, and Loma Prieta, and a few less well-known peaks. Most amazing was the thick tongue of fog that was pouring through the narrow gap between Mt. Diablo and North Peak.. It looked like the Mendenhall Glacier outside Juneau—amazing.

As the study implied, better to do things than shop for things.





Photo courtesy of Gogogordo

I decided I was curious about the sociological phenomenon of Black Friday, and also it was time to replace my antiquated 13-inch television set. So I awoke at 3:30 a.m. on that infamous day after Thanksgiving and was at an electronics store by 4:15 a.m. to try to snag a high-definition television. At the back of a quartermile line, I sat on the asphalt and read a magazine by flashlight.

When I passed through the doors about 5:20 a.m., there were already

I climbed up through cold fog and gloom and emerged into sunlight in the last 200 feet. It was spectacular because the whole Bay Area and beyond was blanketed

receipt to pick it up. As the clerk was struggling with the balky computer system to type in my name, two salespeople ran up, announcing that my

(HERO continued from page 1)

gence, like not taking a map on a hike, wandering away from a group or going out in dangerous conditions.

In 2008, the original 1999 New Hampshire law changed the grounds for charging rescue costs from reckless behavior to negligent behavior. Moreover the law has the power to revoke the drivers licenses of those who do not (or cannot) pay.

This precedent invites us to speculate upon what the difference is between negligence and recklessness. It is a slippery slope. Who knows? Should New Hampshire change its motto to "Live free and die?" Will the state or the Feds try to make us carry RFID devices on the grounds that it is for our own good? Oregon may take a measure in that direction:

...state lawmakers in Oregon are considering whether to require climbers to carry locator devices. While many who would be affected by the bill say it is an ill-informed overreaction, some lawmakers say they have had enough of ethereal arguments centered on summits and the soul. They say they are looking out for the rescuers as well as the lost and their loved ones.

An example of a personal locating beacon (PLB), is marketed by a company in Milpitas CA called SPOT inc. They sell an 8 oz compact GPS tracking device.

How It Works:

Once activated, SPOT will acquire its exact coordinates from the GPS network, and send that location along with a distress message to a GEOS International Emergency Response Center every five minutes until cancelled. The Emergency Response Center notifies the appropriate emergency responders based on your location and personal information – which may include local police, highway patrol, the Coast Guard, our country's embassy or consu-

late, or other emergency response or search and rescue teams — as well as notifying your emergency contact person(s) about the receipt of a distress signal.

According to the SPOT website this device currently costs about \$160 per year in subscription service fees. Based on the price of similar competing products the device should cost in excess of \$500

Devices like SPOT are not the same thing as RFID, but there are similarities. The convergence of mobile communication, cellular phones, networking, and GPS may soon make personal tracking and location an ordinary thing. Detractors argue that PLBs encourage irresponsible behavior, reduce liberty and independence, and increase the likelihood of false alarms. The benefit of possible rescue speaks for itself.

There is an ironic story about the first person to ever be rescued with a PLB in 2003. That rescue was instantly celebrated. However, subsequent to using the PLB a second time, just 14 days later, the victim was "charged with two counts of third-degree falsely reporting an incident", misdemeanors, and thrown in jail in lieu of \$10,000 bail.

Of course there are many more details to this story from upstate New York, but the main point this evidence presents for this essay is the precedent that a person has been fined and imprisoned for issuing an SOS.

The chances of being rescued and getting medical attention in California are now compromised by the findings of the California Supreme Court on December 18, 2008.

Being a good Samaritan in California just got a little riskier. The California Supreme Court ruled Thursday that a young woman who pulled a co-worker from a crashed vehicle isn't immune from civil liability because the care she rendered wasn't medical. The divided high court appeared to signal that rescue efforts are the responsibility of trained professionals. It was also thought to be the first ruling by the court that someone who intervened in an accident in good faith could be sued.

Until this case the original 1980 California "Good Samaritan Law" protected people assisting victims in accidents, disasters, and rescues. In the USA there is no common law which dictates a "duty to rescue". Because there is no legal requirement or duty to rescue, and because it is now possible for victims to sue rescuers, more Californians will be reluctant to render aid in the event of an emergency.

These recent developments, in law and technology, concerning emergency medical aid and PLBs, emphasize the inescapable conclusion that one is truly on their own in the woods. You can't rely on getting help from your companions, let alone passers by. And you can't rely on not being sued, fined, revoked, or imprisoned by the government.

Should Oregon change its motto from "She flies with her own wings." to "She climbs with her own Personal Locator Beacon."? Should New York change its motto "Ever upward." to "Never cry wolf."

Will Californian's change their attitude from "I have found it!" to "Sorry, I can't help you!".

For good or bad, the best ride may be the last one you had. More than ever, mountain bikers need to be prepared. Keep the rubber side

down.



(HERO references, Continued on page 10)

NATIONAL BIKE SUMMIT RECAP

By Patty Ciesla

Patty has returned from Washington, DC where she joined 580 other cyclists in paying visits to members of our nation's Congress and Senate. Over 60 cyclists made the trip from California. Patty worked with other advocates to team up and present our perspective on how our government should make and modify laws and provide funding to make our nation stronger through supporting cycling-friendly programs and projects. Bike Portland has a great set of reports on the Summit up on their blog.

Tuesday evening the keynote speaker was Congressman Earl Blumenauer, our champion for cycling in Congress. He is very proud of his work for cyclists; an avid cyclist himself, he arrives at meetings on Capitol Hill with his helmet and leg strap on his cuff. He has assembled a large group of other representatives into the Bicycle Caucus, which works to support cycling friendly legislation. One of our tasks was to recruit more members so that the caucus had enough numbers to amount to a majority in the House. Transportation Secretary Ray LaHood addressed the opening plenary, noting that the DOT will be "a full partner in working toward livable communities". The Secretary was followed by Representatives Blumenauer (D-OR), Lipinski (D-IL) and Matsui (D-CA). Congressman Oberstar (D-MN) spoke at the Summit dinner, and Representatives Petri (R-WI), Coble (R-NC), McCaul (R-TX) and Kissell (D-NC) made remarks at the Congressional Breakfast and/or Reception.

Wednesday was spent in small workshops with presenters from the League of American Bicyclists, the International Mountain Bicycling Association, Safe Routes to Schools, and Administration officials in the National Park Service, Transportation, and other departments. We learned about how various programs and projects were funded, the status of those programs in the new budget, and how cycling could benefit by projects funded through the stimulus bill.

Wednesday night we were delighted with a wonderful presentation by the director of bicycling programs in Copenhagen, Denmark. Wonderful photos, videos, and statistics helped us understand how residents of Copenhagen make bicycling a normal part of everyday life.

On Thursday, we literally walked back and forth through the halls of congressional office buildings on Capitol Hill. IMBA-California volunteers and staff had helped schedule meetings with staffers, and when we were lucky, our representatives themselves. We met with Anna Eshoo from Palo Alto, and staffers for representatives Jackie Speier from San Mateo, Sam Farr from Santa Cruz and Monterey County (we spent almost an hour in his office, which was wonderful!), and Tom McClintock from District 3 (Nevada City, Downieville, Plumas County, Truckee). We also met

(Summit Recap, Continued on page 10)



ROMP

MEETINGS

ROMP Monthly Business Meetings

Fourth Monday: February 23, March 23, April 27, May 25, June 22 07:00 PM (2:00) Fourth Monday of every month meeting. We will be meeting at Kapp's Pizza Bar & Grill. This is where we talk about what ROMP is planning to do. Also, if you would like to speak to the leadership of ROMP, please contact the president and we will put you on the agenda. We also welcome talks and presentations from outside organizations Location: Kapp's Pizza Bar & Grill 191 Castro St Mountain View CA 94041

Contact Information: Josh Moore 408 420 7342 president@romp.org http://www.kappspizza.com

SPECIAL EVENTS

Bike Skills 102 - Mountain Bike Skills

March 21st, May 9th It's time for a little dirty fun! We'll teach you the basics (and not-so-basics) of balance, weight distribution, and how to use the terrain to your advantage. Learn to rock, roll, hop, and jump. Master the art of steep climbs. Learn to descend with confidence and skill. After just four hours, we guarantee you'll be a better bike handler and have much more fun on the bike. http://coaching.velogirls.com

Swap meet at Cupertino Bike Shop

April 26, 2009

Each year ROMP hosts a swap meet. The swap meet is a fund-raiser for ROMP and a place where cyclists can purchase road and mountain bike parts, tools, frames,

by contacting Cupertino Bikes 408 255-2217 or www.cupertinobike.com ROMP makes their money on the # of swap meet selling tables there are. So the more we can list that Cupertino Bikes is open to more business tables the better for us.



complete bikes, clothing and accessories. Per-person admission charge is minimal. The meet is held behind the Cupertino Bike Shop, 10493 S. De Anza Blvd. (two blocks south of Stevens Creek Blvd.). Call 408-255-2217 for prices on swap spaces. Volunteers are required from 7.00am to 4.00pm. Contact swap@romp.org if you wish to volunteer for this event. Donations of items for ROMP to sell at the Swap Meet are welcome. Now's a good time to clear out your garage and help ROMP. Contact swap@romp.org if you have any donations to give to ROMP for sale at the Swap Meet.

You can have your own swap meet table

RIDES

Fremont Older after work

Every Thursday, April - September **06:00 PM (2:00)** C/INT/10mi/2000′ Our weekly after work rides are back! Meet at the main Stevens Creek Co Park parking lot off Stevens Canyon Road about 1 mile south of Stevens Creek Bl or 2 miles south of I280 in Cupertino. Take the Foothill exit off I280 and head south. Be ready to ride by 6PM! Ride length will depend on available daylight. We usually go someplace afterwards for food, so if

CALENDAR

you're interested in that, bring \$\$. The pkg lot charges for parking, but you can also find street parking in the nearby neighborhood and ride to the start. For more info, Glenn or Linda at 408-257-8284.

Night Ride at Rancho Cañada Del Oro

1st and 3rd Fridays, Beginning April 07:00 PM (3:00) - Intermediate-This is a Special Access Activity. The preserve will be closed to all other users after sunset. Participants will be required to register on-site and attend a short briefing before their ride. Registration will be held only the day of the event from 4:30 p.m. to 7 p.m. in the Casa Loma Road parking lot. Parking is limited to the first 50 vehicles that arrive at the staging area. This special activity is restricted to adults. No minors will be allowed, even if accompanied by an adult. Safety equipment is required (helmet, and bike lights); a rear light is recommended. www.openspaceauthority.org

ROMP MBOSC at Soquel Demo Forest

2nd Sunday: April 12, May 10, June 14

09:30 AM (4:00) C/INT/12-18/2500-3000 This is the ever popular joint MBOSC ROMP Second Sunday Demonstration Forest Ride. Both clubs will meet at the green bridge at 9:30 AM. Wheels rolling by 10:00 AM, up Buzzard's Lagoon to Santa Rosilia Ridge. Consensus will determine the route down the mountain. From hwy 17, take the Summit Rd exit and head SE. Go 5 1/2 miles to the first stop sign, turn right and then bear left onto Highland Way. Go another few miles to the road

block. Park there and ride the last mile downhill to the green bridge on the right. Contact Information: Josh Moore 408-420-7342 mtbikes@gmail.com

3rd Sunday Ride at ECdM

Sunday: April 19, May 17, June 21 10:00 AM (3:00) B-C/INT/10-15/2000-3000 Meet at Skeggs point at 9:30 for a 10:00 AM start. Routes will vary depending on trail conditions, closures and the whim of the group. This is a no drop ride that starts at the top of the hill and goes down, so you do most of the climbing at the end. Bring your helmet, water and a snack. Lunch after at Alice's restaurant. Location: El Cortede madera OSP Skeggs point, Skyline Blvd Woodside CA Contact Information: Josh Moore 408 420 7342 mtbikes@gmail.com http:// www.openspace.org/preserves/ pr_madera.asp

Third Saturday Social and Scenery Ride

Saturday: April 18, May 16, June 20 10:30 AM (2:00) B/EASY/10/800-1000 Enjoy a ride for experienced beginners and intermediates who want to go slower. Meet at 10:30am to ride, socialize, enjoy the scenery, and work on your biking skills at a slow to moderate pace with frequent breaks for 2.0 hours or more depending on group wishes. Rides will choose from the Russian Ridge, Coal Creek, Monte Bello, and Skyline preserves, including moderate steeps, single tracks, and fire roads. Explore and learn new trails in a supportive group or share your favorites in these preserves. Bring your helmet, water, sunscreen and possibly a snack. Rain cancels.

Location(**new parking/ start location**): Meet in the vista point parking area on Skyline Blvd/ Highway 35 located 1.1 miles north of its intersection with Page Mill Road (i.e., right turn from Page Mill

onto Skyline for 1.1 miles) and directly across from the Mid-Peninsula Open Space Russian Ridge Preserve. Directions: Take I 280 to Page Mill Rd south (in Palo Alto) going up into the hills, continue on Page Mill Rd 25+ minutes (watching out for road bicyclists on twisty road) until stop sign at intersection with Skyline Blvd/ Highway 35 (near the Mid-Peninsula Open Space Russian Ridge Preserve), turn right, continue 1.1 miles and park on the right in the vista point parking. (Do NOT park in the parking lot for the Russian Ridge Preserve off of Alpine Rd near the intersection of Page Mill Rd/ Skyline Blvd). Contact Information: Phil Solk, psolk@pacbell.net

MTB-101

Sunday, April 26, May 24, June 28
10:00 AM (4:00) B/Beg-INT/10/1500
Meet at 10:00 AM, Fremont Older /
Prospect Rd. parking lot. Bring your
MTB in good mechanical condition,
helmet, water and fuel.
Be prepared for a 400'climb on fire
roads during the first mile. No time

roads during the first mile. No time limit, no one left behind. Descent will be on a sweeping Single Track loop to the first bail-out point. Those willing can continue riding. There are several bail-out points along the way. We will practice basic MTB skills and trail etiquette. Beginners welcome.

Location: Fremont Older OSP Prospect Rd. parking lot Saratoga CA Contact Information: Rich Andrews 408.393.1959 richard.a.andrews@nasa.gov

4th Saturday Beginner's Clinic

Saturday: April 25, May 23, June 27 **01:00 PM (3:00)** On the 4th Saturday of each month, meet at 1pm at the (Continued on page 8)

Arastradero Preserve, at the main parking Location: Behind BTN Automotive 2566 area on Arastradero Road. We'll cover the basics of mountain biking while riding a combination of fireroads and singletrack. Be sure to bring a helmet, water, and something to eat. Please RSVP to Jim at 650-493-8774 or ssulljm@juno.com. RSVP is a must, as the meeting spot at the Preserve can vary with class focus. Location: Arastradero Preserve Arastradero Road Palo Alto CA

Contact Information: Jim Sullivan 650-493-8774 ssulljm@juno.com

Bay Area Ridge **Trail Event:** Ridge to Bridge

Saturday, April 25 9:00 AM INT BARTC hosts its annual Ridge to Bridge in Marin featuring spectacular views of the Pacific coastline, Marin Headlands, Sausalito, SF bridges. Bicyclists will meet in Tennessee Valley with 2 distances to choose from.

Volunteer or register at

SOCIAL **EVENTS**

ridgetrail.org

Bike Repair for the Community

Saturday: April 11, May 9, June 13 10:00 AM (4:00) Learn to repair bikes and contribute to the community.

Volunteers work on donated bikes, with the help and guidance of skilled mechanics. Tools and stands are available, but bring your own if possible. The bikes are then given away to needy children and adults regularly through various help organizations. No Event in December. Event starts at 9:00 during daylight savings time.

Leghorn Ave, between Rengstorff and San Antonio Mountain View CA Contact Information: Dave Fork fork@park.com

Bay Area Ridge Trail: 20th Anniversary Event

Saturday, May 2, 2009 5:00 PM-8:00 PM

Please join us for a very special evening to celebrate the 20th Anniversary of our first trail dedication. Enjoy outdoor themed auction offerings and feast on a

sumptuous dinner at One Fort Mason's historic Officers Club.

For more info: ridgetrail.org

TRAIL WORK

Wilder Ranch Trailwork

Sunday: April 5, May 3, June 7 09:00 AM (4:00) First Sunday Every Month. See trailworkers.com for more information.

Santa Clara County Parks Monthly Trail Days

Saturday: April 4, May 2, June 6 09:00 AM (4:00) Monthly Trail Days - 1st Saturday of each month, 9am-1pm

Come on out and help repair, restore, or rebuild our County Park Trails. These Trail Days will take place at a different County Park each month. No experience needed. Tools, gloves, & refreshments provided. Please wear long pants, long sleeves, and closed toed shoes. Contact with poison oak is always a concern, please take appropriate precautions, bring a change of clothes if necessary. Contact Information: Santa Clara County Parks (408) 355-2254

Santa Clara County Parks Volunteer Proiects

Saturday: April 18, May 16, June 20 09:00 AM (3:00) Monthly Volunteer Projects - 3rd Saturday of each month, 9amnoon

Help us tackle all types of projects ranging from painting and invasive plant removal to litter pickups at locations that desperately need it! These projects will take place at a different County Park each month. Tools, supplies, and refreshments will be

provided. Contact Information: Santa Clara County Parks (408) 355-2254

Land Meetings

Santa Clara County Parks Commission Meeting

Wednesday: April 1, May 6, June 3 06:30 PM (2:00) Santa Clara County Parks Commission Monthly Meeting - to view the agenda, actual start time (can vary), & meeting location, check www.parkhere.org. Follow the Quick

Clicks down to select General Agency Information, then select Parks and Recreation Commission. Look for the corre-

sponding link for Parks & Recreation Commission Agendas, Minutes, ...

San Mateo County Parks and Rec Commission

Thursday: April 2, May 7, June 4 02:30 PM (2:00)

The San Mateo County Parks and Recreation Commission is responsible for establishing policies to guide the work of the San Mateo Parks and Recreation Division. This includes issues of parkland use management such as master plans, acquisitions, and development.

Additional meetings may be set by the Commission as needs arise. Meetings are held publicly and are conducted by a quorum of at least three of the Commissioners.

Location: Board of Supervisors Cham-

bers, Hall of Justice 400 County Center Redwood City CA 94063

MROSD Meeting

Second and Fourth Wednesdays: April 8th and 22nd, May 13 and 27, June 10 and 24 **07:30 PM (0:00)** MROSD Board of director's meetings are open to the public on the second and fourth Wednesdays of each month at 7:30 PM in the district offices at 330 Distel Circle (off El Camino Real north of Rengstorff), Los Altos. Check with MROSD for any last minute changes. Location: MROSD District Offices 330 Distel Circle (off El Camino Real north of Rengstorff) Los Altos

Open Space Authority BOD meeting

Thursdays: April 9 and 23, May 14 and 28, June 11 and 25

06:30 PM (2:00) Santa Clara County Open Space Authority Board of Directors meeting. Location: Board Room Suite 200 6830 Via del Oro San Jose 95119

Bay Area Ridge Trail County Committee

Tuesday, April 28

07:00 PM Bay Area Ridge Trail County Committee Meeting (0:00) Quarterly Meeting of the Bay Area Ridge Trail County Committee. Usually pretty informal. Contact Josh if you would like to help the Ridge Trail!

Location: United Way Building 1922 The Alameda San Jose Contact Information: Josh Moore president@romp.org ridgetrail.org/about/committees.cfm







(Trail Head Cyclery, continued from page 2)

with staffers for Senators Diane Feinstein and Barbara Boxer.

Our goal was to encourage support of programs such as Safe Routes to School, passage of the Complete Streets Act of 2009, incorporating cycling-supportive infrastructure improvements into the Transportation Bill (CLEAN-TEA), and better funding for the Recreational Trails Program which is administered as part of the Federal Highway Trust Fund and includes revenue provided by the gas tax paid by off-highway vehicle users.

For more information on the National Bike Summit, visit the League of American Bicyclists website for details. If you have interest in getting more involved as a citizen in helping shape your government, consider becoming an IMBA member and possibly taking your turn next year as a bicycle advocate in the halls of Congress. Interested ROMP members wishing to attend may petition the board for financial assistance.



on our off road test track! Yea, make 'em look bad by riding the log on a cross bike... Oh, and I've had a few special requests to stock small track parts. Rest your gear, they will be here.

We are well on our way with the build out and should be open by late February! Meanwhile, the classic shop is open 7 days as usual. Expect a Grand Re-Opening party and Swap Meet on April Fools weekend, just like the last time back in 1997... Wow, hard to believe. Back then it was just my Dad and I on the bike adventure of a lifetime. Today that adventure continues, thanks to all of you who have supported us in so many ways. From the bottom of my soul, thank you. Now I mean it when I say it, and if I've said it a thousand times I'll say it a thousand more,,,

Ride hard, take chances...

Upcoming Trail Head Events:
April 4-5: Grand Re-Opening of
Trail Head Cyclery
April 5: Trail Head Spring Swap Meet
May 9-10: Trail Head Demo,
Santa Teresa
May 16: Trail Head Women's Demo,
Santa Teresa

(HERO, continued from page 4)

References:

- i. NY Times, By <u>KATIE ZEZIMA</u> Published: December 28, 2008
- ii. Boston Herald, By AssociatedPress. Published: Monday, December 29, 2008
- iii. An RFID tag is an object that can be applied to or incorporated into a product, animal, or person for the purpose of identification and tracking using radio waves. (Courtesy of Wikipedia)
- iv. NY Times, By <u>WILLIAM YARD-LEY.</u> Published: February 25, 2007
- v. http://www.findmespot.com/en/index.php?cid=1111#
- vi. Published on December 6, 2003, Page D8, Watertown Daily Times RESCUE BEACON LANDS MAN IN IAIL
- vii. <u>great-lakes.org/Wkly news/02-1604.html#Rescue_beacon_lands_man_in_jail_</u>
- viii. LA Times, By Carol J. Williams December 19, 2008



Mountain Cyclist

The Mountain Cyclist is the monthly newsletter of the Responsible Organized Mountain Pedalers

Send general newsletter material directly to the editor (not to the club PO box):

◊ newsletter@romp.org

Send ride listings to the club web master

♦ Josh Moore (408) 420 7342 webmaster@romp.org

Newsletter Mailing Party

This fun is repeated bi-monthly. If you would like to help next time (and eat some pizza and talk bikes at the same time), contact Glenn Wegner 408-257-8284 newsmailing@romp.org

Romp Directory	POBox 1723, Campbe	ell, CA 95009-1723	408-420-7342 www.romp.org
President	Josh Moore	408-420-7342	president@romp.org
Vice President	Scott Robinson		vicepresident@romp.org
Secretary	Charles Jalgunas		secretary@romp.org
Treasurer	Glenn Wegner	408-257-8284	treasurer@romp.org
Beginner's Clinic Leader	Jim Sullivan	650-455-0693	beginnersclinic@romp.org
Membership Director	Linda Wegner	408-257-8284	membership@romp.org
Membership Database	David Volansky	415-334-7569	memberdata@romp.org
Social Director	Sheila Martus		socialdirector@romp.org
Newsletter Layout	David Milburn	650-703-0604	daveridesmtbs@gmail.com
Newsletter Editor	Norman Cevallos		newsletter@romp.org
Newsletter Distribution	Glen Wegner	408-257-8284	newsmailing@romp.org
Henry Coe Liaison	Paul Nam		traileducation@romp.org
Castle Rock Liaison	Ross Finlayson		castle-basin_liaison@romp.org
Soquel Demo Forest Liaison	Patty Ciesla		sdsf_liaison@romp.org
San Mateo County Parks	Berry Stevens		smcp_liaison@romp.org
Santa Clara County Parks	Charles Jalgunas		sccp@romp.org
Web Master			webmaster@romp.org

ROMP Membership Application, Renewal, Change of Address, and Donation Form

ROMP is a group of local, energetic mountain bikers who have discovered the need for an active representation for the mountain biking public, and for an organized, responsible attitude in the practices of off-road bicyclists. ROMP needs YOUR support.

biking public, and for an organized, responsible autitude in the pr	actices of on-road bicyclists. ROMP fleeds FOOR support.			
Name				
Family Members				
Address				
	Phone			
City	email			
State Zip	Membership Type :			
Order ROMP Jerseys on reverse side	Individual (\$20.00)			
	Family (\$25.00) Hardtail (\$100.00)			
Send Newsletter:				
_ Via US postal service	_ New _ Renewal _ Change of Address			
_ Just send me an email	_ Donation \$ Lifetime Membership (\$1,000.00)			
READ AND SIGN WAIVER BELOW (Re	quired each year to process membership)			
RESPONSIBLE ORGANIZED MOUNTAIN PEDALERS ("ROMP") RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AND PARENTAL CON- SENT AGREEMENT ("AGREEMENT") IN CONSIDERATION of being permitted to participate in any way in Responsible Organized Mountain Pedalers ("Club") sponsored Bicycling Activities ("Activity"), I, for myself, my personal representatives, assigns, heirs, and next of kin:				
1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activi in such Activity. I further acknowledge that the Activity will be conducted over public roads traveling are to be expected. I further agree and warrant that if at any time I believe condit will immediately discontinue further participation in the Activity.	s and facilities open to the public during the Activity and upon which the hazards of			
SIS, AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own act in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED	ERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALY- ions or inactions, the actions or inactions of others participating in the Activity, the condition BELOW; (c)there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either JME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAM-			
3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Club, the LAE employees, other participants, any sponsors, advertisers, and if applicable, owners and le "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAM/PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING N RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AG I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost whice	essors of premises on which the Activity takes place, (each considered one of the AGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN EGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this REEMENT I, or anyone on my behalf, makes a claim against any of the RELEASEES,			
I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE ALLABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF AN WITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.				
V	D. L.			
XX				
FOR MINORS ONLY COMPLETE THE FOLLOWING: AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATICAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AN HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEM LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUN NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT REIL, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST A HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTOROF ANY SUCH CLAIM.	D IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. I INIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL IT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE SCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE,			
(Print Name Of Parent/Guardian) (Print Address and Phone Number If Different X	,			
(Release Signature of Parent/Guardian) (Please print names and ages of mino				
Questions? For new member information, call Linda Wegner (408) 257-8284				
Send this form with check payable to: ROMP – Attention: Membership, PO Box 1723, Campbell CA 95009-1723				

Responsible Organized Mountain Pedalers

PO Box 1723

Campbell CA 95009-1723

ADDRESS SERVICE REQUESTED

NON-PROFIT ORG
U.S. POSTAGE PAID
SAN JOSE CA
PERMIT NO. 1371

Inside this issue:

Wanted: HERO	1,4
Tour of the 20's	2
Trail Head Cyclery's New Digs	2,10
Black Friday	3
National Bike Summit Recap	5
ROMP Calendar	6-9
ROMP Directory	10

Our Sponsors and Supporters





















Want your business here? Help us out with donations in kind or become a sponsor: www.romp.org/club/sponsorform.doc