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ROMP MOUNTAIN CYCLIST

LEADING THE PARTICIPATION OF MOUNTAIN CYCLISTS IN THE TRAIL COMMUNITY NOVEMBER 2006 — JANUARY 2007

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Saso

Saso Cycles. dsaso@aol.com or call at (408) 926-0183

Light & Motion,
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831-645-1538 bikelights.com



Calmar Cycles 2236 El Camino Real, Santa Clara
408-249-6907 calmarcycles.com

Palo Alto Bicycles 170 University Ave. Palo Alto
650-328-7411 paloallobicycles.com



Cupertino Bike Shop 10493 S. De
Anza Blvd. Cupertino 408-255-2217
cupertinobike.com



Sunshine Bicycles,
309 First St. Gilroy,
408 842 4889

Zanotti Cycles
4396 Enterprise Place, Suite A, Fremont, CA 94538,
510-490-4030. info@zanotticycles.com

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Willow Glen Cycles,
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408-2932606



Passion Trail Bikes
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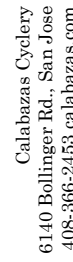
Summit Bicycles 111 East Main Street., Los Gatos 408/399-9142;
1111 Burlingame Ave., Burlingame 650-343-8483; 1820 4th
Street, San Rafael 415-456-4700



BikeMapDude:
bikemapdude.com



Walt's Cycle and Fitness. 116 Carroll Ave,
Sunnyvale, CA 94086 408-736-2630



Calabazas Cyclery
6140 Bollinger Rd., San Jose
408-366-2453 calabazas.com

Crossroads Bicycles 217 N Santa Cruz Ave # C,
Los Gatos, CA 408-354-0555



Chain Reaction 1451 El Camino Real, Redwood City 650-
366-6620; 2310 Homestead (at Foothill Plaza), Los Altos
408-735-8735 chainreaction.com

Posture Pros Personal Training
955 Fremont Ave, Los Altos,
CA 94024 650.224.4354
al@posturepros.net



When you're ready to ride.



By *Josh Moore*
ROMP President

This last Spring I got an email about a program at the Veterans Administration Hospital in Palo Alto that would take seeing impaired veterans out for a bike ride. I had just bought a tandem and I thought this was a great way to get a few more miles on my new bike.

The first step was simply to respond to that email, and that was easy enough, but the whole process of getting checked out and trained to be a tandem captain for blind vets was an exercise in persistence that ultimately has been very rewarding.

The next step was to drop by the volunteer office on the designated day at the designated hours, and fill out an application. Then I had to drop off the application at human resources on a different day and time. I got a TB test, and came back in a week for the results. Then I waited a while, and had a second TB test in case the first was a false positive. That added another two weeks to the process. The form had the wrong day on it but I managed to get my fingerprints done at a time not according to the schedule. After a few hours of training about how to work with someone who is vision impaired and experiencing riding on the back of a tandem blindfolded, I was ready to take my first veteran out for a ride.

My first stoker was over six foot and at least 260 pounds of muscle. We headed out around the VA and up Foothill into Los Altos. We looped around on Springer, California and Charleston Streets. At the end of the ride he thanked me for providing him the opportunity to do something he thought he'd never do again – ride a bike.

The mission of Blind Rehabilitation Service of the VA is to coordinate a healthcare service delivery system that provides a continuum of care for blinded veterans extending from their home environment to the local VA facility and to the appropriate rehabilitation setting. These services include adjustment to blindness counseling, patient and family education, benefits analysis, comprehensive residential inpatient training, outpatient rehabilitation services, and the provision of assistive technology and research.

The director of the Blind Center in Palo Alto, Elizabeth Jessen, is vision impaired herself, and an avid cyclist. It was her inspiration that started the program. She motivated her staff to get involved and organize the training

program as well as regular weekly rides on Tuesday afternoons. While it may be unlikely that many vets will return to their homes and take up cycling, it does help the vets see that much more is possible than they imagined with a vision impairment.

Currently the VA owns two Burley tandems which were donated by Bell Sports, as well as helmets, gloves and other gear. The regular volunteer captains tend to bring their own tandems, so we have had as many as four tandems on a ride. As the program gains momentum, it would be great to have a few more volunteers. Although the process to become a captain is arduous, the result is very rewarding. For more information, contact Elizabeth Jessen at Elizabeth.Jessen@va.gov.

Getting Political

*By Josh Moore
ROMP President*

As an environmentalist, I am glad that the bay area's land managers do a remarkable job at preserving and protecting the open space. As a mountain biker, I'd like to see more trails open to bikes. We work to that end by building and maintaining trails, serving on trail advisory committees, participating in master plans, and being responsible trail users.

It is the parks commissioners and the boards of directors that set policy and make the decisions which have the most impact on trail access. Obviously one way to influence these decisions is to serve on a board.

In August, Deane Little, the Mountain View / Los Altos Director of the Midpeninsula Regional Open Space District resigned, too late for his seat to be placed on the November ballot. The MROSD board decided to appoint his replacement, rather than have a special election at the cost of over \$750,000. Because of my interest in preserving and protecting open space, I decided to apply for an appointment.

I filled out an application, and handed it in. I then began networking. I asked everyone I knew in the trails community to put in a good word for me. There were eight applicants in total and we had our first interview in a public meeting on September 25th, 2006.

A few minutes before 7PM, I showed up at the MROSD office and introduced myself to the other candidates. District senior management, one candidate's wife, another candidate's son, my sister, her man Cliff, my mother and nephew were there observing. Names were drawn to see who

would give their opening remarks first, and points of order were discussed. Current board president Jed Cyr encouraged a relaxed atmosphere. The eight articulate and highly qualified candidates presented their opening remarks and answered questions to clarify their credentials. I was seventh and the wait was excruciating. I was nervous but managed to make my points and answer some questions.

We then answered questions from the board about specific issues. Ken Nitz asked me about mountain biking and erosion. Jed Cyr asked everyone about what the role of the board was in relation to the staff. Another board member asked whether rangers should carry firearms. It went on like that until after 9:30.

Names were drawn again to see who would go first for closing remarks. I got to go second. I forgot to prepare ahead of time but managed to put together a few notes.

Then the board voted on which four candidates would move on to the next round. Each director got to vote for up to 6 candidates. Ballots were cast and tallied. The plan was to select no more than 4 candidates for a second round of interviews.

Will James, Curt Riffle, Jeff Segal, and Pat Showalter each received a vote from each board member totaling 6 votes. Jed Cyr and Mary Davies did not vote for me, so I received only 4 and the other applicants less than that. Craig Britton, MROSD General Manager, told me afterward that if he could have voted he would have voted for me. It was a long shot and a gallant effort, and it was not in vain.

I impressed the board with my qualifications, knowledge and concern for the environment.

They learned a great deal more about me, and I them. I have developed relationships with them that I would not have otherwise. I have bonded with the future director for Mountain View and Los Altos in a special shared experience kind of way.

On October 9th, the Board reconvened to carry out the second round of interviews. The interviews consisted of the Board asking each candidate more questions in a public forum. In the end, the Board chose one person, Riffle of Los Altos.

Curt Riffle is no stranger to the District. He applied for the Ward 4 appointment eight years ago, when the Board selected Deane Little over him. He also has contributed photos and served on a bench location committee.

Riffle works for the Packard Foundation as the Operations Manager for their Conservation and Science Program that focuses on land acquisition and application of ecosystem-based management principles. He also serves as Chair of the Los Altos Bicycle and Pedestrian Advisory Committee. Riffle is a Mechanical Engineer and a Harvard MBA.

As Director, Riffle hopes to complete the implementation of the Coastside Protection Program, Complete Regional Trail Connections (Specifically a Bay to Coast Trail), develop and implement a protection and restoration strategy for district lands, and align preserve use with the District's Mission, but acknowledges that use of the preserves for recreation means more public support and appreciation of the District. Riffle lists as hobbies trail running, endurance riding (equestrian) and road cycling.

(Continued from page 8)

sleeves, and closed toed shoes. Contact with poison oak is always a concern, please take appropriate precautions, bring a change of clothes if necessary. Contact Information: Santa Clara County Parks (408) 355-2254 Fee: Free

Sunday, November 05 2006 9:00 AM Wilder Ranch Trailwork (4:00) First Sunday Every Month. See trailworkers.com for more information.

Saturday, November 18 2006 9:00 AM Santa Clara County Parks Monthly Volunteer Projects (3:00) Monthly Volunteer Projects - 3rd Saturday of each month, 9am-noon Help us tackle all types of projects ranging from painting and invasive plant removal to litter pickups at locations that desperately need it! These projects will take place at a different County Park each month. Tools, supplies, and refreshments will be provided. Contact Information: Santa Clara County Parks (408) 355-2254 Fee: Free

Saturday, December 02 2006 9:00 AM Santa Clara County Parks Monthly Trail Days (4:00) Monthly Trail Days - 1st Saturday of each month, 9am-1pm See description for November 11th event.

Sunday, December 03 2006 9:00 AM Wilder Ranch Trailwork (4:00) First Sunday Every Month. See trailworkers.com for more information.

Saturday, December 16 2006 9:00 AM Santa Clara County Parks Monthly Volunteer Projects (3:00) Monthly Volunteer Projects - 3rd Saturday of each month, 9am-noon See description for November 18th event

Saturday, January 06 2007 9:00 AM Santa Clara County Parks Monthly Trail Days (4:00) Monthly Trail Days - 1st Saturday of each month, 9am-1pm See description for November 11th event

Sunday, January 07 2007 9:00 AM Wilder Ranch Trailwork (4:00) First Sunday Every Month. See trailworkers.com for more information.

Saturday, January 20 2007 9:00 AM Santa Clara County Parks Monthly Volunteer Projects (3:00) Monthly Volunteer Projects - 3rd Saturday of each month, 9am-noon. See description for November 18th event

By Linda Kahn

At the Performance Bike store located in Campbell (off Bascom and Hamilton), lies a treasure chest that would make pirate Jack Sparrow proud.

Now, many of you aren't in to the 'bike sock thing'. That is: having well over 10 pairs of patterned, themed, kooky bike socks in your drawer that put a smile on your face when you put them on.

The Campbell store has DeFeet 2nds and blems cycling socks for a paltry \$4.99 each--almost half-price retail of some of the finest bike socks around. Here lie myriads of bike socks in all patterns, colors, sayings, and themes and sizes--some so zany and so inexpensive, I've had to buy a few more pairs I really don't need!

Holiday Wheels For Kids

With the holiday season now here, here is a special community service announcement for a wonderful non-profit "committed to bringing joy into the lives of children through the simple act of providing new bicycles during the holiday season to underprivileged children in Santa Clara County".

"TurningWheels for Kids purchases and provides brand new bicycles to children in our community. Last year we provided over 450 bicycles to needy and underprivileged children. This year we are expanding our scope and our ultimate goal will be to provide over 1000 bikes to children in our community. Our hope is to draw all children outdoors and to give them a sense of accomplishment and self esteem through bicycle riding.

This is the fourth year for Turning Wheels for Kids. There is huge momentum, and they will be doing this every year on a large scale. Last December, ROMP members helped

Bike Sock 'Treasure Chest'

Note: Many styles and colors are simply not available...as they are limited quantities, designs, etc.

Maybe for one ride, you wish to make a statement about yourself (that would be my "Evil Queen" pair).

Or while we tandem, my honey and I might decide to wear our matching Pirate socks, skull and crossed swords...subtlety telling fellow cyclists to 'Argggh-walk the plank'. One of my favorite pairs is two snuggling love birds doing what birds are known to do...and the phrase, "Love Stinks". Bike socks are an inexpensive way to show 'tude and originality on-road or off.

With the holidays fast approaching, I've decided to share my sock 'treasure chest' in hopes when I ride by YOU, I'll see your crazy bike socks and have a good laugh.

to build 400 brand new children's bikes. Apparently the record for building these boxed bikes up is about 4 minutes by a professional mechanic. Of course they need to build them properly for safety reasons as well. Please consider contributing monetarily to this organization and also check the ROMP website for announcements on other events with them.

From their brochure:

"Our hope is that the bicycles will draw children outdoors and bring joy into their lives through the love, generosity and social responsibility of our donors. Turning Wheels For Kids is not simple an organization but a philosophy based on the belief that it truly is best to lift up others and keep the wheels of selflessness turning."

Sue Runsvold, Executive Director
www.turningwheelsforkids.org/
Happy Holidays !!!

plan on attending this ride, as the meeting places will vary depending on weather. From here we pedal through Stanford's "Professorville" on lightly travelled streets, over Old Page Mill rd, through Arastradero Preserve to The Portola Valley ranch . The 2nd chance to meet up occurs here @ 6:15, corner of Alpine rd. -Willowbrook in Portola Valley, please park on Willowbrook. The ride then meanders up Alpine rd, following El Corte De Madera creek , all the way to Page Mill rd x Skyline. This 3 hour ride requires the use of lights in the fall- winter months, loaner sets are available, and rear flashing lights are highly recommended. Please contact Jim beforehand for any equipment questions. This complete ride is for intermediate level riders, however, many of our participants show up and ride a portion of the distance just to stretch the legs after work. The main concept of this ride is FUN; any hammers are summarily ditched and left to prove something somewhere else. Location: California ave Caltrain station in Palo Alto Palo Alto CA Contact Information: Jim Sullivan 650-493-8774 ssulljm@juno.com

Saturday, November 25 2006 1:00 PM 4th Saturday Beginner's Clinic (3:00) On the 4th Saturday of each month, meet at 1pm at the Arastradero Preserve, at the main parking area on Arastradero Road. We'll cover the basics of mountain biking while riding a combination of fireroads and singletrack. Be sure to bring a helmet, water, and something to eat. Please RSVP to Jim at 650-493-8774 or ssulljm@juno.com. RSVP is a must, as the meeting spot at the Preserve can vary with class focus. Location: Arastradero Preserve Arastradero Road Palo Alto CA Contact Information: Jim Sullivan 650-493-8774 ssulljm@juno.com

Sunday, November 26 2006 10:00 AM Fourth Sunday BARF Ride (5:00) C/25+/5000+ In the tradition of the Bay Area Riding Fanatics (BARF), the goal of this ride is to do 5000 feet of climbing. Meet at the corner of Stevens Canyon Rd and Redwood Gulch at 10:00am. The route will vary from month to month depending on interest. The general plan is to head up Table Mountain or Monte Bello and explore the many parks and trails off Skyline. Take 280 to Grant rd / Foothill Blvd. Go South Past the reservoir. Turn Right at Mt Eden and Stevens Canyon Stop sign. Go about one more mile to the stop sign at Redwood Gulch and Stevens Canyon. There is parking a little ways up Redwood Gulch. Location: Corner of Redwood Gulch and Stevens Canyon rd Cupertino CA Contact

Information: Josh Moore (408) 420 7342 mthbikes@gmail.com

Sunday, December 03 2006 10:00 AM First Sunday Social Ride at Saratoga Gap (3:00) B/EASY/11/1500 See description for November 5th event.

Saturday, December 09 2006 2:30 PM Arastradero Second Saturday Social (2:00) B/EASY/7/900 See description for November 11th event

Sunday, December 10 2006 9:30 AM 2nd Sunday Ride at Soquel Demo Forest (4:00) C/INT/12-18/2500-3000 See description for November 12th event

Saturday, December 16 2006 10:30 AM Third Saturday Social and Scenery Ride (2:00) No 3rd Sat ride Dec 16.

Sunday, December 17 2006 10:00 AM 3rd Sunday Ride at ECdM (3:00) C/15/2500 See description for November 19th event

Tuesday, December 19 2006 4:30 PM 3rd Tuesday Alpine Road (3:00) See description for November 21st event

Saturday, December 23 2006 1:00 PM 4th Saturday Beginner's Clinic (3:00) See description for November 25th event

Sunday, January 07 2007 10:00 AM First Sunday Social Ride at Saratoga Gap (3:00) B/EASY/11/1500 See description for November 5th event

Saturday, January 13 2007 2:30 PM Arastradero Second Saturday Social (2:00) B/EASY/7/900 See description for November 11th event

Sunday, January 14 2007 9:30 AM 2nd Sunday Ride at Soquel Demo Forest (4:00) C/INT/12-18/2500-3000 See description for November 12th event

Tuesday, January 16 2007 04:30 PM 3rd Tuesday Alpine Road (3:00) See description for November 21st event

Saturday, January 20 2007 10:30 AM Third Saturday Social and Scenery Ride (2:00) See description for November 18th event

Sunday, January 21 2007 10:00 AM 3rd Sunday Ride at ECdM (3:00) C/15/2500 See description for November 19th event

Saturday, January 27 2007 1:00 PM 4th Saturday Beginner's Clinic (3:00) See description for November 25th event

SOCIAL EVENTS

Saturday, November 11 2006 10:00 AM Bike Repair for the Community

(4:00) Learn to repair bikes and contribute to the community. Volunteers work on donated bikes, with the help and guidance of skilled mechanics. Tools and stands are available, but bring your own if possible. The bikes are then given away to needy children and adults regularly through various help organizations. No Event in December. Event starts at 9:00 during daylight savings time. More Information: www.romp.org/bicycle-exchange. Location: Behind BTN Automotive 2566 Leghorn Ave, between Rengstorff and San Antonio Mountain View CA Contact Information: Dave Fork for-k@park.com

Saturday, November 25 2006 12:00 PM Basic Fixit Class (1:00) The fixit clinic is for current romp members only, membership forms available at clinic for easy sign up. Beginner ride at 1:00 is open to the general public. RSVP is a must due to max class size limit. This hands on fixit class will go over the basic needs for preventative maintenance and trails repair of your mt bike. Fix a flat, adjust your derrailleurs, straighten a wheel, and anything else bike related that will get you back on the trail. Location: Arastradero OSP Parking lot Arastradero Rd Palo Alto CA Contact Information: Jim Sullivan 650-493-8774 ssulljm@juno.com

Monday, December 2 2006 6:00 PM ROMP CHRISTMAS PARTY!! (05:00) Saturday night 6pm - 11pm Blue Pheasant Cupertino, CA Please refer to the insert in this newsletter or www.romp.org for details & sign up information.

Saturday, December 23 2006 12:00 PM Basic Fixit Class (1:00) See description for November 25th event

Saturday, January 13 2007 10:00 AM Bike Repair for the Community (4:00) Learn to repair bikes and contribute to the community.

Saturday, January 27 2007 12:00 PM Basic Fixit Class (1:00) See description for November 25th event

TRAIL WORK

Saturday, November 04 2006 9:00 AM Santa Clara County Parks Monthly Trail Days (4:00) Monthly Trail Days - 1st Saturday of each month, 9am-1pm Come on out and help repair, restore, or rebuild our County Park Trails. These County Park each month. No experience needed. Tools, gloves, & refreshments provided. Please wear long pants, long

BART Ridge Trail Cruz

Take a Kid Mountain Biking Day

By *Josh Moore*
ROMP President

For the last 20 years the Bay Area Ridge Trail Council has advocated for a multiuse trail ringing the bay area and totaling over 500 miles. To date, 300 miles have been completed and most of it is designated as multiuse. Michael Kelly, serving on the board of directors of BARTC, has worked hard to protect the ridge trail's multiuse vision.

We all need to recognize his efforts, and the efforts of the Ridge Trail as a driving force in the creation of multiuse trails in the Bay Area.

In support of the Ridge Trail, ROMP organized and led a series of rides for their newest event, the Ridge Trail Cruz. This event was designed after the very successful Ridge to Bridge event in Marin County, except Ridge Trail Cruz, held on Midpeninsula Regional



Open Space District lands, was designed as a multiuse event. About 40 hikers and 10 mountain bikers set out on treks of up to 26 miles in length. Equestrians helped mark the course for the hikers. The hikes started in Skyline Sanborn, a Santa Clara County park, currently undergoing a master plan which will open 14 miles of trails to cyclists. The hikes proceeded through Long Ridge, Skyline Ridge and Russian Ridge Open Space

The event was a tremendous success thanks to the amazing organizational skills of the Ridge Trail Staff, and the outstanding support of the MROSD staff. I'd also like to thank the numerous ROMP volunteers who helped out before and during the event: Paul Nam, Chris Vocinam, John Harlander, his Dad, Tom Oshima, Fred Stanke, Valerie Spier, Nancy White, Richard, Strether Smith, Michael Murray, Norman Cevallos, Henry Pastorelli and Bern Smith.



Night Ride

San Francisco and Marin Headlands

By Henry Pastorelli
hpastorelli@sbcglobal.net

As a Bay Area native who grew up on the Peninsula you'd think I'd be familiar with the City, however over the years the suburbs corralled me to my local area. But along came fast Bullet trains, waterfront paths and the desire to become a little more city savvy. These combinations enticed me to put this route together which a few friends and I did September 29th. The ride goes through some of the most scenic waterfront and headlands areas in the world. Most of it is separated from traffic hassles, is legal to ride at night, and has a fair amount of dirt to boot.

The stage was set for this ride in 1989 when the Loma Prieta earthquake knocked out the Embarcadero freeway. The City was against rebuilding the freeway and in 1991 it was demolished. The new plan created a 2 1/2-mile promenade between Fisherman's Wharf on the

north and China Basin on the south. Pac Bell Park was opened in 2000 and Crissy Field renovated with large sections returned to its natural dunes state. Bike lanes and paths run from the train station all the way to the Golden Gate Bridge and you can ride across the bridge on the west side separated from pedestrians and traffic. Once on the north side of the bridge it's a road climb to the dirt and if you time it right, a great spot for a sunset. After we cross over the headlands hill onto the Coastal Trail, we do a 16 mile loop on fire roads and some wide single track. Returning to the start of the loop you get some incredible nighttime City views (unless the fog gods aren't friendly). I believe the best weather for this ride is in September. There are also plenty of options to go longer or shorter and even do an overnighter at some of the campgrounds. Next year I'm thinking about camping at Kirby Cove.

The Train
There are a 5 weekday Baby Bullet trains that run during commute times. From the Mountain View station to the last stop at Forth and Townsend it takes 45 minutes versus the normal (slow) train time of 1hr 10 minutes. Unfortunately, we have to take a slow 10:00 return train getting in at MV at 11:20. The last train is at 12:00. It's \$10.50 round trip.

The Route
Townsend to Embarcadero bike lanes: Ride along water front and catch path through Marina and through Crissy Field. Ride across bridge, up Cozelman road, catch dirt Coastal trail to Miwok, to old springs, to Marinello, down bobcat and back up Coastal to return via the same route to bridge.

Specs - 30mi, 3000ft, take 10:00 train back. Have dinner near train station if your ride time permits. A Safeway is nearby if you are pressed for time and want to snack on the return train.

MEETINGS

Monday, November 27 2006
7:00 PM Monthly Membership Meeting (2:00) Fourth Monday of every month meeting at Round Table Pizza in Downtown Sunnyvale, 101 Town and Country. **Verify the location on the online ROMP calendar** Members and non-members encouraged to come. Everyone is welcome. This is where we talk about what ROMP is planning to do. Also, if you would like to speak to the leadership of ROMP, please contact the president and we will put you on the agenda. We also welcome talks and presentations from outside organizations. We meet in the back room, around past the rest rooms. Contact Information: Josh Moore (408) 420 7342 president@romp.org

Monday, December 2 2006 6:00 PM
ROMP CHRISTMAS PARTY!!! (05:00)
Saturday night 6pm - 11pm Blue Pheasant Cupertino, CA Please refer to the insert in this newsletter or www.romp.org for details & sign up information.

Monday, December 25 2006 7:00 PM
Monthly Membership Meeting (2:00)
Verify meeting date and location with online ROMP calendar Merry Christmas!!!

Monday, January 22 2007
7:00 PM Monthly Membership Meeting (2:00) See description for November 27th meeting. Verify the location with the online ROMP calendar

RIDES

Sunday, November 05 2006 10:00 AM
First Sunday Social Ride at Saratoga Gap (3:00) B/EASY/1/1500 Meet at 10am at Grizzly Flat on Skyline Blvd (inbetween Junction 9 and Page Mill Road). This is a social ride so there are plenty of breaks, and we wait for everyone. Bring a helmet, water and some power bars. After the ride we will go for lunch in Saratoga. Location: Start at Grizzly Flat. Contact Information: Dave Tripier (408) 667-5307 tripier@aol.com

Saturday, November 11 2006 2:30 PM
Arastradero Second Saturday Social (2:00) B/EASY/7/900 This friendly, introductory ride covers most major trails in the preserve, including some moderate hills, jumps, tight switchbacks and single track. More skilled riders are encouraged to join us, socialize and provide support. Directions and Map: Take Oregon

Calendar

Expressway / Page Mill Rd south past hwy 280. Turn right on Arastradero, and right into the parking lot. Bring your helmet, a snack and water. Rain cancels. Location: Arastradero Open Space Preserve Parking lot near gate A Arastradero Rd. Palo Alto CA Contact Information: Josh Moore (408) 420 7342 mtbikes@gmail.com

Sunday, November 12 2006 9:30 AM
2nd Sunday Ride at Soquel Demo Forest (4:00) C/INT/12-18/2500-3000 The ROMP Second Sunday Demonstration Forest Ride will join the MBOSC Club ride. Both clubs will meet at the parking lot across the bridge at 9:30 AM. Wheels rolling by 10:00 AM, up Buzzard's Lagoon to Santa Rosalia Ridge. Consensus will determine the route down the mountain. From hwy 17, take the Summit Rd exit and head SE. Go 5 1/2 miles to the first stop sign, turn right and then bear left onto Highland Way. Go another 4 miles to the entrance. More info on SDF. Contact Information: Rich Andrews 408-738-1384 randrews@arc.nasa.gov

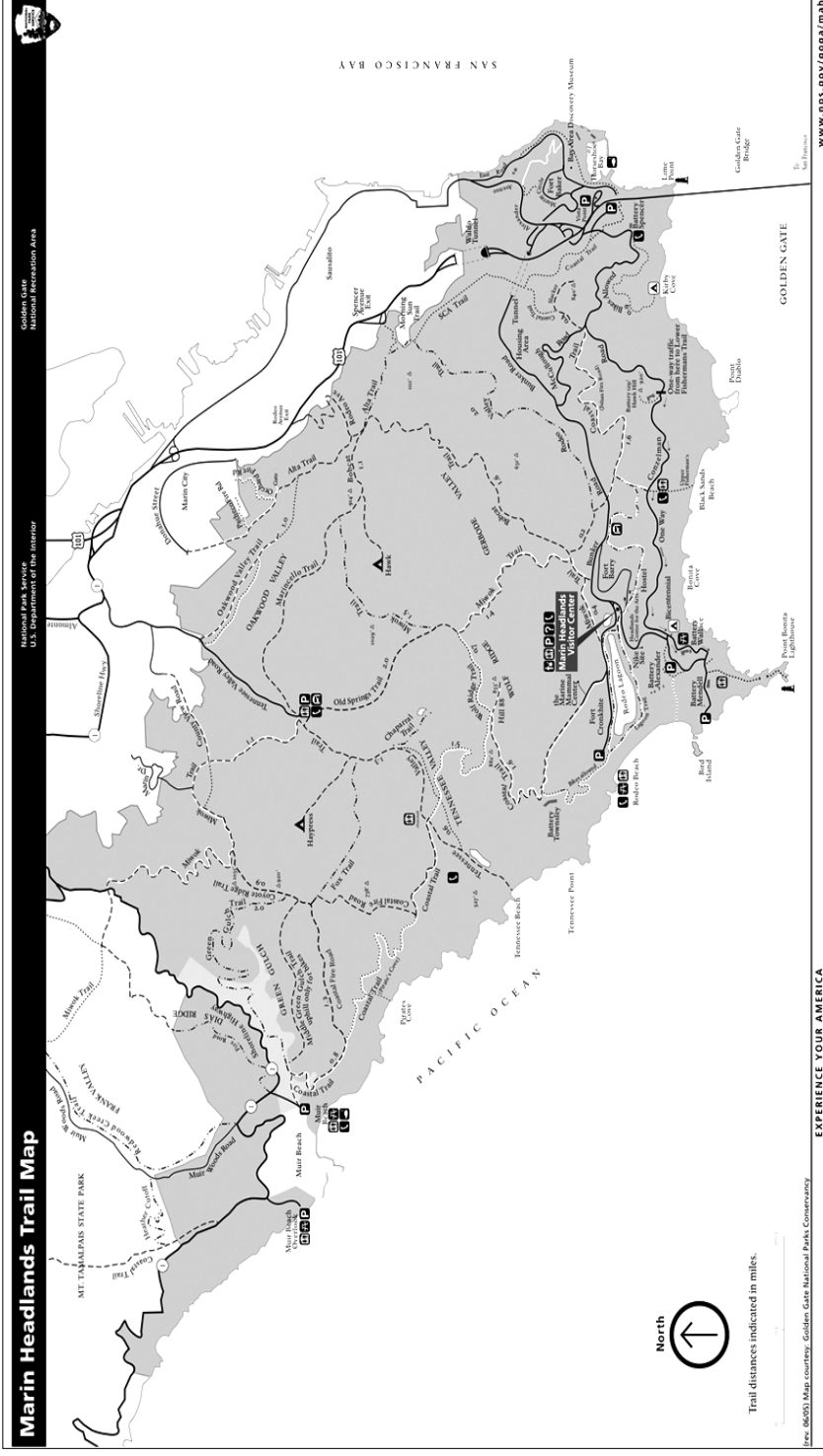
Saturday, November 18 2006 2:00 PM
Col du San Pedro (3:00) Think you have to pack up the hoop-dee and head to Marin, Santa Cruz, or even Tahoe to find great mountain bike trails? ROMPers know better. The Coastside offers some of the most challenging and visually stunning trails you'll ever hope to ride -- you just have to know where to find them. Join the City of Half Moon Bay Recreation Services Division and local mountain biker "Cannonball" for four spectacular mountain bike rides on some of the Coastside's sweetest dirt. The final ride in the series is: November 18 Col du San Pedro: Challenging exploration of Montara Mountain and environs. Steady climbing, technical. ~20 miles. For details, call 650.533.1655 The cost for this series is \$33 (non-resident). Space is limited to the first 15 riders, so sign up now! This is a great ride for both teens and adults, but please note that this is not a ride for beginning or inexperienced riders. To participate on these rides, you must be in good enough shape to ride continuously for three hours. Riders are required to provide their own mountain bikes and helmets. Location: On the Coast! Contact Information: Cannonball 650.533.1655 truthmaker24@yahoo.com

Saturday, November 18 2006 10:30 AM
Third Saturday Social and Scenery Ride (2:00) B/EASY/10/800-1000 Enjoy a ride for experienced beginners and intermediates who want to go slower. Meet at 10:30am to ride, socialize, enjoy the scenery, and work on your biking skills at a slow to moderate pace with frequent breaks for 2.0 hours or more depending on group wishes. Rides will choose from the Russian Ridge, Coal Creek, Monte Bello, and Skyline preserves, including moderate steeps, single tracks, and fire roads.

Explore and learn new trails in a supportive group or share your favorites in these preserves. Bring your helmet, water, sunscreen and possibly a snack. Rain cancels. Location(**new parking/start location**): Meet in the vista point parking area on Skyline Blvd/ Highway 35 located 1.1 miles north of its intersection with Page Mill Road (i.e., right turn from Page Mill onto Skyline for 1.1 miles) and directly across from the Mid-Peninsula Open Space Russian Ridge Preserve. Contact: Rodney Johnson (650) 326-7665 or rodney@stanford.edu
Directions: Take I 280 to Page Mill Rd south (in Palo Alto) going up into the hills, continue on Page Mill Rd 25+ minutes (watching out for road bicyclists on twisty road) until stop sign at intersection with Skyline Blvd/ Highway 35 (near the Mid-Peninsula Open Space Russian Ridge Preserve), turn right, continue 1.1 miles and park on the right in the vista point parking. (Do NOT park in the parking lot for the Russian Ridge Preserve off of Alpine Rd near the intersection of Page Mill Rd/ Skyline Blvd).

Sunday, November 19 2006 10:00 AM
3rd Sunday Ride at ECdM (3:00) C/15/2500 The third Sunday ride is changing back to ECdM! Meet at 10am at the skeggs point parking lot which is on route 35 (4 miles north of Alice's Restaurant). Location: ECdM Contact Information: Dave Tripier (408) 667-5307 tripier@aol.com

Tuesday, November 21 2006 4:30 PM
3rd Tuesday Alpine Road (3:00) This year round ride has a couple options on where to meet up. First chance meets the #262southbound@ 4:33 pm, + #169 northbound also @4:33 at the california ave caltrain station. RSVP a must if you



ROMP Membership Application, Renewal, Change of Address, and Donation Form

ROMP is a group of local, energetic mountain bikers who have discovered the need for an active representation for the mountain biking public, and for an organized, responsible attitude in the practices of off-road bicyclists. ROMP needs YOUR support.

Name	
Family Members	
Address	
City	Phone
State	email
Zip	Membership Type :
	<input type="checkbox"/> Individual (\$20.00) <input type="checkbox"/> Single Speed (\$50.00) <input type="checkbox"/> Family (\$25.00) <input type="checkbox"/> Hardtail (\$100.00) <input type="checkbox"/> Student (\$10.00) <input type="checkbox"/> Full-Suspension (\$250.00)
Send Newsletter:	
<input type="checkbox"/> Via US postal service	<input type="checkbox"/> New <input type="checkbox"/> Renewal <input type="checkbox"/> Change of Address
<input type="checkbox"/> Just send me an email	<input type="checkbox"/> Donation \$

READ AND SIGN WAIVER BELOW (Required each year to process membership)

LEAGUE OF AMERICAN WHEELMEN d/b/a LEAGUE OF AMERICAN BICYCLISTS ("LAB"), RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AND PARENTAL CONSENT AGREEMENT ("AGREEMENT") IN CONSIDERATION of being permitted to participate in any way in Responsible Organized Mountain Pedalers ("Club") sponsored Bicycling Activities ("Activity"), I, for myself, my personal representatives, assigns, heirs, and next of kin:

- ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
- FULLY UNDERSTAND that:(a)BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b)these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c)there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.
- HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Club, the LAB, their respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the RELEASEES, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

X _____ X _____ Date: _____

(Release Signature of Applicant) (Release Signature(s) Of Additional Family Members 18 and Over)

FOR MINORS ONLY COMPLETE THE FOLLOWING:

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BICYCLING ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR COST ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

(Print Name Of Parent/Guardian) (Print Address and Phone Number If Different from Above)

X _____ Date: _____

(Release Signature of Parent/Guardian) (Please print names and ages of minors)

Questions? For new member information, call Linda Wegner (408) 257-8284

Send this form with check payable to:

ROMP – Attention: Membership, PO Box 1723, Campbell CA 95009-1723

Santa Clara County Parks Trail Closure Procedures

*By Joe Schultz, Deputy Director
Santa Clara County Parks*

Summer is coming to a close and winter is rapidly approaching. With the impending wet weather comes the concern over resource damage and visitor safety at county parks. To meet these concerns, Santa Clara County Parks is implementing new trail closure procedures.

It is a challenge for all park agencies to balance recreational use with resource protection. In order to meet that challenge, Santa Clara County Parks embarked on an evaluation of all of its trail systems within its 28 parks, and recommends specific limitations of use during wet and sensitive times of the year. Most restrictions are based on winter use of trails, as this type of use will lead to trail erosion, the creation of unwanted trails and wildlife habitat impacts. Other closures are based on impacts to threatened or endangered species or new trail construction. The evaluation process also recognized the many trails that will remain

open year-round for specific recreational uses. This list of park trails open year-round is available at www.parkhere.org.

There are three forms of limited trail access the department will be implementing this year:

1. Temporary Closure: Due to wet conditions, certain trails will be closed temporarily to equestrian and mountain bike use. The trails will be evaluated daily, so they can be reopened as soon as possible.

2. Seasonal Closures: Trails will be closed seasonally to specific recreational uses or all uses depending upon why the trail should be closed. Seasonal trail closures require a longer closure time for impacts to rare, threatened or endangered species and breeding areas for wildlife.

3. Construction Closures: Following initial construction of new County Park trails, the newly constructed trail(s) will be closed for the first winter after construction until June 1st. The trail system is closed for this extended period to allow the trail to settle, compact and accumulate vegetation (new growth and

accumulation of duff). Closing new trails for the first winter after construction is a smart management practice designed to provide a better and more stable trail system in the long-term and to meet our obligations to protect water quality and wildlife habitat.

We have every intention to minimize all trail closures. To that end, park staff will evaluate closed trails daily, so they can be reopened as quickly as possible.

If you're heading out for a hike, we recommend you call ahead for current trail conditions, especially during the winter months when trail closures are more widespread. For the most up to date information regarding trail closures, call the Santa Clara County Park Trails Information Line at 408-355-2200, and press 7 for current trail conditions or visit the Santa Clara County Parks website at www.parkhere.org

If you have any questions about this information, please feel free to contact me at (408) 355-2212.

Romp Directory

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